



## Partnering with Me™

4 ways my patients can access the Metabolic Effect system.



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### ➤ ME workout generator:

For highly motivated patients who are able a willing to exercise on their own, but are not sure of the best way to go about it. The workout generator will allow your patients access to a limitless number of ME controlled intensity exercise routines so they never get bored.

or

### ➤ ME online personal training:

For clients who are motivated, but need a little extra guidance with exercise. This program allows your clients to work one-on-one over the internet with an ME personal trainer. They will get workouts, personal attention, and tailored approaches on injuries and fitness.

or

### ➤ ME Clinic Licensing Fee:

For healthcare providers who want ME group personal training done at their clinic or a nearby affiliated center.

#### ◆ *The licensing program works like this:*

We or you find a local qualified trainer/trainers to lead the classes  
We will train the trainer/trainers in our system

#### ◆ **You send them to us;**

Travel Expenses  
Sign up for 1 year- We train for free

#### ◆ **OR, pay certification fee;**

We come to you-  
Pay travel Expense  
Pay trainer education fee  
Pay instructor fee  
You pay us a monthly licensing fee  
You do your own billing and scheduling.

or

### ➤ ME Clinic partnership

For healthcare providers who want ME group personal training done at their clinic or a nearby affiliated center, but do not want to pay licensing fee and trainer.

#### ◆ *The Clinic Partnership program works like this:*

We/you find local qualified trainer/trainers  
We will train the trainer/trainers in our system

#### ◆ **You send them to us;**

Travel Expenses  
Sign up for 1 year- We train for free  
OR, pay certification fee

#### ◆ **We come to you;**

Pay travel Expense  
Pay trainer education fee  
Pay instructor fee  
You use our online billing and scheduling software  
We write you and your trainer a monthly check.

*Option A- Trainer gets \$20 per workout. Physician and ME split the remainder*

*Option B- Trainer gets 50% of workout and ME and Physician get 25% a piece.*

*Workout limit set to generate at least \$40.*